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**Occupational health and  
safety management systems —  
Requirements with guidance for use**

*Systèmes de management de la santé et de la sécurité au travail —  
Exigences et lignes directrices pour leur utilisation*



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# Contents

	Page
<b>Foreword</b> .....	<b>v</b>
<b>Introduction</b> .....	<b>vi</b>
<b>1 Scope</b> .....	<b>1</b>
<b>2 Normative references</b> .....	<b>1</b>
<b>3 Terms and definitions</b> .....	<b>1</b>
<b>4 Context of the organization</b> .....	<b>8</b>
4.1 Understanding the organization and its context.....	8
4.2 Understanding the needs and expectations of workers and other interested parties.....	8
4.3 Determining the scope of the OH&S management system.....	8
4.4 OH&S management system.....	8
<b>5 Leadership and worker participation</b> .....	<b>9</b>
5.1 Leadership and commitment.....	9
5.2 OH&S policy.....	9
5.3 Organizational roles, responsibilities and authorities.....	10
5.4 Consultation and participation of workers.....	10
<b>6 Planning</b> .....	<b>11</b>
6.1 Actions to address risks and opportunities.....	11
6.1.1 General.....	11
6.1.2 Hazard identification and assessment of risks and opportunities.....	12
6.1.3 Determination of legal requirements and other requirements.....	13
6.1.4 Planning action.....	13
6.2 OH&S objectives and planning to achieve them.....	14
6.2.1 OH&S objectives.....	14
6.2.2 Planning to achieve OH&S objectives.....	14
<b>7 Support</b> .....	<b>15</b>
7.1 Resources.....	15
7.2 Competence.....	15
7.3 Awareness.....	15
7.4 Communication.....	15
7.4.1 General.....	15
7.4.2 Internal communication.....	16
7.4.3 External communication.....	16
7.5 Documented information.....	16
7.5.1 General.....	16
7.5.2 Creating and updating.....	17
7.5.3 Control of documented information.....	17
<b>8 Operation</b> .....	<b>17</b>
8.1 Operational planning and control.....	17
8.1.1 General.....	17
8.1.2 Eliminating hazards and reducing OH&S risks.....	18
8.1.3 Management of change.....	18
8.1.4 Procurement.....	18
8.2 Emergency preparedness and response.....	19
<b>9 Performance evaluation</b> .....	<b>19</b>
9.1 Monitoring, measurement, analysis and performance evaluation.....	19
9.1.1 General.....	19
9.1.2 Evaluation of compliance.....	20
9.2 Internal audit.....	20
9.2.1 General.....	20
9.2.2 Internal audit programme.....	21
9.3 Management review.....	21

<b>10</b>	<b>Improvement</b> .....	<b>22</b>
10.1	General.....	22
10.2	Incident, nonconformity and corrective action.....	22
10.3	Continual improvement.....	23
	<b>Annex A (informative) Guidance on the use of this document</b> .....	<b>24</b>
	<b>Bibliography</b> .....	<b>40</b>

## Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see [www.iso.org/directives](http://www.iso.org/directives)).

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights. Details of any patent rights identified during the development of the document will be in the Introduction and/or on the ISO list of patent declarations received (see [www.iso.org/patents](http://www.iso.org/patents)).

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For an explanation on the voluntary nature of standards, the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT) see the following URL: [www.iso.org/iso/foreword.html](http://www.iso.org/iso/foreword.html).

This document was prepared by Project Committee ISO/PC 283, *Occupational health and safety management systems*.

## Introduction

### 0.1 Background

An organization is responsible for the occupational health and safety of workers and others who can be affected by its activities. This responsibility includes promoting and protecting their physical and mental health.

The adoption of an OH&S management system is intended to enable an organization to provide safe and healthy workplaces, prevent work-related injury and ill health, and continually improve its OH&S performance.

### 0.2 Aim of an OH&S management system

The purpose of an OH&S management system is to provide a framework for managing OH&S risks and opportunities. The aim and intended outcomes of the OH&S management system are to prevent work-related injury and ill health to workers and to provide safe and healthy workplaces; consequently, it is critically important for the organization to eliminate hazards and minimize OH&S risks by taking effective preventive and protective measures.

When these measures are applied by the organization through its OH&S management system, they improve its OH&S performance. An OH&S management system can be more effective and efficient when taking early action to address opportunities for improvement of OH&S performance.

Implementing an OH&S management system conforming to this document enables an organization to manage its OH&S risks and improve its OH&S performance. An OH&S management system can assist an organization to fulfil its legal requirements and other requirements.

### 0.3 Success factors

The implementation of an OH&S management system is a strategic and operational decision for an organization. The success of the OH&S management system depends on leadership, commitment and participation from all levels and functions of the organization.

The implementation and maintenance of an OH&S management system, its effectiveness and its ability to achieve its intended outcomes are dependent on a number of key factors, which can include:

- a) top management leadership, commitment, responsibilities and accountability;
- b) top management developing, leading and promoting a culture in the organization that supports the intended outcomes of the OH&S management system;
- c) communication;
- d) consultation and participation of workers, and, where they exist, workers' representatives;
- e) allocation of the necessary resources to maintain it;
- f) OH&S policies, which are compatible with the overall strategic objectives and direction of the organization;
- g) effective process(es) for identifying hazards, controlling OH&S risks and taking advantage of OH&S opportunities;
- h) continual performance evaluation and monitoring of the OH&S management system to improve OH&S performance;
- i) integration of the OH&S management system into the organization's business processes;
- j) OH&S objectives that align with the OH&S policy and take into account the organization's hazards, OH&S risks and OH&S opportunities;

k) compliance with its legal requirements and other requirements.

Demonstration of successful implementation of this document can be used by an organization to give assurance to workers and other interested parties that an effective OH&S management system is in place. Adoption of this document, however, will not in itself guarantee prevention of work-related injury and ill health to workers, provision of safe and healthy workplaces and improved OH&S performance.

The level of detail, the complexity, the extent of documented information and the resources needed to ensure the success of an organization's OH&S management system will depend on a number of factors, such as:

- the organization's context (e.g. number of workers, size, geography, culture, legal requirements and other requirements);
- the scope of the organization's OH&S management system;
- the nature of the organization's activities and the related OH&S risks.

#### **0.4 Plan-Do-Check-Act cycle**

The OH&S management system approach applied in this document is founded on the concept of Plan-Do-Check-Act (PDCA).

The PDCA concept is an iterative process used by organizations to achieve continual improvement. It can be applied to a management system and to each of its individual elements, as follows:

- a) Plan: determine and assess OH&S risks, OH&S opportunities and other risks and other opportunities, establish OH&S objectives and processes necessary to deliver results in accordance with the organization's OH&S policy;
- b) Do: implement the processes as planned;
- c) Check: monitor and measure activities and processes with regard to the OH&S policy and OH&S objectives, and report the results;
- d) Act: take actions to continually improve the OH&S performance to achieve the intended outcomes.

This document incorporates the PDCA concept into a new framework, as shown in [Figure 1](#).